3RD ANNUAL JAYDEN'S

5k RUN / 2k WALK

PRESENTED BY YOUR HEALTH WELLNESS CENTRE



Jayden's Run: A Brief History...

In 2015, our first run was organized to help support Jayden, a young boy diagnosed with Autism and Cerebral Palsy to help him pursue his life's dream of being a regular kid and Karting champion. **This year**, we're joining forces as a community to make it the biggest Jayden's Run yet with proceeds raised from this event supporting Jayden and ROCK's Youth Aiding Youth program. YAY is a mentorship program that provides one-to-one peer support for children in need. Learn more at: rockonline.ca.

ADULT 5K RUN/2K WALK: \$40 ✓

KIDS RUN: \$20**√**

For full race day details, visit rockevents.ca





PLEDGE

On race Aday, submit your pledges to help Jayden continue his championship dream.



RUN & WALK!

Enjoy the great outdoors and community atmosphere on this special day.



Celebrating 9 years in Oakville, one of our prime goals is to continuously work with and give back to our great community.



United Way Halton & Hamilton

Proud organizing partner for this year's event, the United Way is dedicated to building a strong & resilient community.



Joint recipient of this year's run, ROCK works in the community to promote and achieve optimal mental health for kids and families.